UK Government Green paper Transforming Children and Young People’s Mental Health Provision ignores the impact of childhood adversity and social deprivation

An Open Letter

Dear the Rt Hon Jeremy Hunt and the Rt Hon Damian Hinds,

RE: UK Government Green Paper, Transforming Children and Young People’s Mental Health Provision, ignores the impact of childhood adversity and social deprivation

No one is in disagreement that children, young people and their families are waiting too long for mental health support and we welcome all action on this issue. We also welcome the commitment by the government to make NHS mental health services better, quicker to access and the overall philosophy of valuing mental health equally to physical health. The government are right to be concerned that children and young people receive the right support at the right time in their lives. It is important too that mental health service provision is prudent and preventative. We also support more access to mental health provision in schools for those who need it.

However, we believe this Green Paper is a huge diversion away from the real issues surrounding children, young people and families’ mental health and, therefore, fails to address the underlying causes of many of these problems. Rising income inequality, poverty, reducing social mobility and the growing number of people living in insecure, overcrowded and unsafe housing are all social issues associated with poorer mental health [1,2,3,4]. Recent research highlights that overall 14 million people now live in poverty in the United Kingdom, over one in five of the population. This is made up of eight million working-age adults and four million children. Eight million people in poverty live in families where at least one person is in work [5].

An increasing body of research identifies the long-term harms that can result from the chronic stress of such socially adverse experiences on children and young people. Evidence shows that these experiences lead to lifelong mental and physical health problems and inter-generational cycles of distress.[6,7] Such rising social deprivation is a consequence of the government’s economic and social policy choices.[8] The implementation of the government’s so-called ‘austerity’ policies over the past six years have served to increase social adversity in communities across the United Kingdom with disastrous knock-on effects for the mental health of the United Kingdom’s most disadvantaged families. These families are now facing the most severe levels of increased social adversity which is contributing to increased levels of psychological distress and mental health diagnoses in children and
young people. The Green Paper fails to recognise these impacts and does not address the government’s responsibility in forming policies that will serve to counter this upward trend in young people’s mental health problems. The Green Paper therefore fails in its stated aim to focus on ‘earlier intervention and prevention’ in young people’s mental health problems, because it ignores the significant social and economic contributors to mental health issues faced by children and young people.

Moreover, this Green Paper comes out at a time when the National Union of Teachers has been calling on the government to stop turning schools into ‘exam factories’, which seriously affect the mental health and well-being of pupils. They call for a review of school ‘accountability’ measures which lead to repeated and unhelpful testing of pupils, especially impacting the most disadvantaged students. For as long as this government does not agree to this review, it demonstrates a narrow understanding of how educational policies impact the mental health of pupils.

In response to the Green Paper, we urge the UK government to take a genuinely preventative approach to addressing children and young people’s mental health. This includes acknowledging and addressing the wider societal conditions that are contributing to children and young people’s experiences of mental health. This is not possible without bringing an end to the unnecessary austerity policies in order to reverse the rise in childhood poverty, housing insecurity and loss of statutory services for families and young people, in order to prevent adverse childhood experiences.

Furthermore, we urge the government to take seriously the concerns raised by those with direct experience in relation to children and young people’s mental health, including mental health and educational practitioners, family members and young people with personal experience. We were alarmed to see that the Department of Health and Social Care appeared to dismiss the very real concerns raised by colleagues, such as the Association of Child Psychotherapists, about the potential detrimental impact of current green paper proposals.

We support the calls of colleagues from across the sector urging that the Green Paper’s proposals take a broader approach, and accurately reflect the reality and knowledge on the ground. We therefore urge the government to adopt an approach of co-produced service development, such that all those involved in services have meaningful input into the design of mental health services, including young people who use services, parents, schools, youth workers, mental health workers and others involved in the young people’s lives.

In light of the above considerations, we, the undersigned, call on the new Secretary of State for Education, Damian Hinds, and the Secretary of State for Health and Social Care, Jeremy Hunt, to broaden their ambition and take a public health and community psychology perspective on the mental health of children, young people and their families.

Therefore, we recommend the Green paper be amended to ensure:

1. The evidence base for socially adverse childhood experiences (experiences associated with social disadvantage and poverty) is accurately accounted for in mental health provision. This should include the following:

   a. Any training provided to health, education and social services staff includes the social determinants of mental ill-health and health inequalities.
b. Health equity impact assessments to be carried out on all social and economic policies to determine their potential consequences on mental health of families, children and young people.[11]

c. Prioritising more community based interventions for the prevention and early identification of trauma and emotional harm.

2. All mental health provision should draw on the principle of co-production. Young people who use services, parents, schools, youth workers, health, voluntary sector, mental health practitioners and residential care staff should be involved in the design and delivery of psychological interventions. Most schools already have arrangements like School Councils and these can be built upon in developing psychological service provision. This co-produced service development must include taking seriously the concerns and feedback from mental health workers and other practitioners who work with children and young people regarding the current green paper and any future proposals.

3. That a review of the current education system’s ‘accountability’ measures and their impact on pupils’ mental health, as recommended by the National Education Union, is carried out.

Yours sincerely,

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References

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550. Shirley Franklin, Defend the Whittington Hospital Coalition
551. Dr. Cath Lowther, Educational Psychologist
552. Retired GP
553. Gary Winters Community Mental Health Nurse
554. Dr Sara O’Mahony, Speech and Language Therapist
555. Lisa May Nursery Manager
556. Mr M Cohen
557. Dr Amy Richardson Clinical Psychologist NHS
558. Member of the public with a degree in Health and Social Care
559. Shilpa Bavishi, Clinical Psychologist
560. Dr Jonathan Buhagiar, Clinical Psychologist
561. Dr Louise Conlan, Clinical Psychologist
562. Brian Reilly Music Coach
563. Joe Clarke Social Worker
564. Dragana Savic-Sanders Senior Counselling Psychologist, London
565. Ann Connor
566. Jane Williams, Founder the Magpie Project
567. Allison Hulmes Professional Officer BASW Cymru
568. Dr Bella Wheeler, social work academic and practitioner
Natalie Trott
Psychotherapist
Dr Emma McGibbon, Clinical Psychologist
Dr Rosie Davies (CAMHS Clinical Psychologist)
Clare Dale - mum and trainee clinical psychologist
Sally EAST
David
Colm Gallagher, Clinical Psychologist
Dr Sean Harmon - Counselling Psychologist
Clinical psychologist CAMHS
Dr Shamarel Odusanya
Charlotte Grove
Dr Faye Sullivan (Clinical Psychologist)
Emma Chorlton Clinical Psychologist
Jessica Muir, Clinical Psychologist
Dr Patrick McArdle
Dr Chris Gillmore, Clinical Psychologist, Honorary Lecturer in Clinical Psychology
Dr Gaby Parker (Consultant Clinical Psychologist)
Rohan Cook, Clinical Psychologist
Dr. Laura McGrath, Senior Lecturer in Psychologist
Ro Lavender RGN, Coach, Trainer & Mediator
Dr Stephen Wright - Clinical Psychologist - Child and Family service
Dee BPD sufferer (supposedly)
Dr Nicola Meechan Clinical Psychologist
Dr Katherine Hindley, Clinically Psychologist, CAMHS
Penny Stafford - Parent
Rebecca Gammage (Trainee Clinical Psychologist)
Helen Beckwith, Clinical Psychologist and child mental health researcher
Alasdair Ross (Trainee Clinical Psychologist)
Dr Gemma Roberts, Clinical Psychologist
Rachel Redfern, Psychology of Education Student, Parent
Dr Garthine Walker, psychotherapist in training
Tracy Epton: lecturer in health psychology
Carl Walker
Penny Andreou
Rebekah Volunteer CYP MH worker
Alex Collins - Group Analyst
Antony Vassalos
Dr Josephine Scott, Clinical Psychologist
Wendy Macdonald
Wanda Howell Counselling Psychologist in Training
Naz Akarsu, Independent Researcher, Housing and Mental Health Network
Laura Foster, journalist
Deborah Robinson Primary Mental Health Worker
Lyndon Sheppard
614. Claire Brown, CAMHS psychotherapist
615. Tracey Iarooya adolescent mental health worker
616. Stephanie Thompson
617. Fern Griffiths, Trainee Clinical Psychologist
618. Dr Coral Westaway, Clinical Psychologist
619. Jennifer Nicholas, Trainee Clinical Psychologist (UEL)
620. Chris Mangioni - Accountant
621. Dr Caroline Gausden
622. Sasha Gibsin
624. Dr Kirstin Lean
625. Steffen N., Trainee Clinical Psychologist
626. Tom Wilkes
627. Dr Elaine McCullough, Clinical Psychologist
628. Lyndsay Noble, Clinical Psychologist
629. Patrick Donohoe Social Worker
630. M Beigi
631. Dr Gareth Morgan, Clinical Psychologist/Lecturer
632. Kari Vyas, Trainee Clinical Psychologist
633. Dr Anjula Gupta Consultant Clinical Psychologist
634. J Hooper
635. Dr Emma Ward, Clinical Psychologist
636. Helen McKenna, Health Policy Adviser
637. Louise Jones
638. Sheelagh Strawbridge, Charted Psychologist HCPC Registered
639. Emma Moseley, Social Worker
640. Chey Heap (Applied Psychologist)
641. Christopher Day
642. Steve Miller, Faith Based Regeneration Network
643. Dr Susannah Clark (Clinical Psychologist)
644. Amie Wiberley, Specialist Learning Mentor for Emotional Health (Further Education)
645. Dr Emma Goodman Psychological Therapies Lead WF CAMHS
646. Carl Kemmeni
647. Philippa Watson CAMHS Practitioner
648. Natasha Hutchinson. CAMHS Clinical Specialist. South London and Maudsley NHS Foundation Trust
649. David Boucher
650. Dr Emma Ducklin, Clinical Psychologist
651. Emma Britneff, Trainee Clinical Psychologist
652. Melissa Kelsey
653. Dr Elizabeth Doherty, Clinical Psychologist
654. Psychotherapist
655. K T Smithson
656. Christine Bailey, Counsellor/Psychotherapist
657. Dr Tessa Watson, Clinical Psychologist
658. Dr C Trier
659. Dr. Robyn Carrington, clinical psychologist working in schools
660. Dr Eli Cullum, Clinical Psychologist
661. Dr Harriet Conniff, Paediatric Clinical Psychologist, NHS
662. Dr Tammy Thompson, speech and language therapist
663. Dr C McDonald, Educational Psychologist
664. Tamsyn Marsh-Patrick, speech and language therapist
665. Daniel Lewis, Academic Researcher
666. Dr Dite Felekki, Clinical Psychologist
667. Rosemary Mullan, Psychotherapist and former teacher
668. Meera Desai, Trainee Clinical Psychologist
669. Dr Samantha Hartley
670. Alma Heather
671. Concerned youth worker
672. Charlotte Hanson, Learning Support Assistant
673. Dr Lorna Christoforou-Hazelwood, Chartered Clinical Psychologist
674. Emma Saunders, SENco
675. George, Lecturer/Tutor
676. Dr Nicola Green, Consultant Clinical Psychologist in CAMHS
677. Ruth Newton
678. Trainee Clinical Psychologist
679. Kellie Turner
680. Dr Sam Rankin, Clinical Psychologist
681. Dr Therese O'Donoghue, clinical psychologist
682. Marie Mirfield, Clinical Associate Applied Psychology
683. Bert Bryden
684. Annika Amoako, Trainee Clinical Psychologist
685. Josslyn
686. Dr Amy Lyons, Clinical Psychologist
687. Dr Anna Kidd, clinical psychologist
688. Dr Richard Burton, Senior Clinical Psychologist, NHS
689. Monica Glover, FE Vice Principal (Retired)
690. Dr Emma Warren, Clinical Psychologist
691. Dr Ellie Pontin, Clinical Psychologist, Liverpool
692. Dr N Stopler, Psychologist
693. Laura Jellicoe, Educational Psychologist
694. Steve Zlotowitz
695. Jenny Chapman
696. Dr Nerys Owen, Counselling Psychologist, NHS England
697. Jane Wilson, Family Therapist
698. Stephanie Gooding, Chartered Counselling Psychologist, HCPC Registered
699. Dr Susannah Jenner, Clinical Psychologist
700. Emma Anderson, postgraduate researcher in social psychology
701. Lydia Lighten, Undergraduate BA Hons English Language for Education, University of Manchester
702. Warren Matofsky, clinical & community psychologist
748. Dr Megan Kendall, Clinical Psychologist, NHS
749. Jenny Cadman Trainee Clinical Psychologist
750. Miki Warren
751. Ian McIntosh
752. D Bassett
753. Julia Schonheit
754. Colin Dryden FRCA, Consultant Paediatric Anaesthetist
755. Rachel Bannister (carer rep Trent Division RCpsych)
756. Molly Rhinehart Trainee Clinical Psychologist
757. Alice Walker, Assistant Psychology Practitioner
758. Claire Chadd Primary Teacher
759. Alexandra Thornton, Trainee Clinical Psychologist
760. Sheila Murphy (mother)
761. James Tapper, Clinical Psychologist
762. Dr Emma Johnston. CLINICAL PSYCHOLOGIST
763. Dr Emma Dixon Clinical Psychologist
764. Debbie Coombe
765. Dr Hannah Pittaway Counselling Psychologist
766. Annie Leigh-Rogerz
767. Louise Futcher, Psychotherapist
768. Dr Lauren Adderley, Senior Clinical Psychologist
769. Alexander Tierney
770. Dr Helen Honor, Clinical Psychologist
771. Sheena Foxwell Retired Health Professional
772. Felix, carer
773. Dr Kerry Ashton-Shaw Chartered Clinical Psychologist
774. Cath Malone, Clinical Psychologist
775. Dr Rachael Edge, Clinical Psychologist
776. Dr Kathryn Parkins, Consultant Paediatric Intensive Care Medicine
777. Sophie Armstrong student mental health nurse
778. Dr Stephanie Smith, Senior Researcher at the National Children’s Bureau
779. Katie Cohen UK Manager ROots of Empathy
780. Lucy Harris, Trainee Counselling Psychologist
781. Emily Parker mental health OT
782. Dr Tracey Smith, Child Clinical Psychologist and Clinical Tutor
783. Mandy Williams
784. Dr Nicola Robinson (Clinical Psychologist)
785. Dr Jo Jury, Clinical Psychologist
786. Dr Gareth Hughes, Clinical Psychologist
787. N Farthing - Psychologist
788. Howard Martin
789. Dr Lucy Grace, Clinical Psychologist
790. Lindsay Maughan-youth support worker
791. Dr Amy Griffiths, Clinical Psychologist, NHS
792. Dr Fay Coster, Clinical Psychologist
Dr M Preisinger, Clinical Psychologist
Dr Ruth Seymour, Educational Psychologist
Carolyn Marskell, Registered Nurse Learning Disability, Behaviour Practitioner
Gill Grace Mother and Grandmother
Alice Turland, Clinical Psychologist in CAMH
Carol Turner (SENCo)
Emily Silver-Burr: teacher and parent
Dr Fay Coster, Clinical Psychologist
Lesley Lilley
Samantha Vatcher. Healthcare Assistant
Dr Susannah McNulty
Nicola Ferreira, Counselling Psychologist in Training
William Fisher, Specialist Mental Health Practitioner
Eve Applegate, Trainee Clinical Psychologist
Katie
Dr Pamela Reeves- Clinical Psychologist
Melissa Richardson
Louise Hood - Trainee Counselling Psychologist
Lizzie Summers, Trainee Clinical Psychologist
Kate Malcomess - Mother, Therapist and organisational consultant
Catherine McHugh Support Worker
Melissa Richardson
Dr Claire Morland, Clinical Psychologist
Hannah Gordon, Trainee Clinical Psychologist
Dr Laura Artis, Principal Clinical Psychologist, CAMHS
Dr Siobhan Jones - CAMHS Clinical Psychologist
Abby Sullivan
Holly Hadfield, Clinical Psychologist
Claire Deakins
SA Gmaj MBACP(Accred) Counsellor
Rachel Banham, Play Therapist
Ciaran Stuart, Clinical Social Worker
Rachel D'Sa, Assistant Psychologist
Mark D'Sa, Youth Worker
Liz Lockwood Teacher
Anonymous, sufferer of depression
Dr Sadie Thomas-Unsworth, Specialist Clinical Psychologist
Dr Petra Corr, Chair of DCP N Ireland
Jancis Andrew, Head of the Virtual School
Liz
Zivile Jackunaite, Trainee Counselling Psychologist
Sian Davies, Mencap
Dr Joanna Latham, Clinical Psychologist
Zeynab El-Murad, Counselling Psychologist in Training, UEL
Dr Miriam Wade, Clinical Psychologist
Kate Linnegar
Kathryn Rayson, Trainee Clinical Psychologist
Dr Amanda Waldman, Senior Clinical Psychologist, CAMHS
Sheila Menon
Dr Suzanne Elliott, Clinical Psychologist
Jaqui Barnes-Monaghan
Kiran Guye Clinical Psychologist in Training
Lauraine Macdonald Counselling Psychologist
Sophia Kosmider, Psychological Wellbeing Practitioner
Dr Mortlock Clinical Psychologist CYP
Dr Gill Thistlethwaite
Alex Coppock-Bunce Psychotherapist
Gillian Hughes, Consultant Clinical Psychologist, Tavistock & Portman NHS Foundation Trust
Sandra Bignold parent
Kate Sheehan Nurse Specialist in Child Safeguarding
Nikki Collingwood Educational Psychologist
Dr Kim O’Connor, Educational Psychologist
Amanda Roberts - Clinical Psychologist
Julie Goodling
Dr Sophie Driver (Child and Educational Psychologist)
Sophie Collin - IAPT Assistant psychologist
Dr Nicola Gillespie, Consultant Clinical Psychologist
Sue Knowles, Clinical Psychologist
Dr Carl Harris Consultant Clinical Psychologist
Juliet O’Callaghan, Consultant Clinical Psychologist
Dr Martin Horler, Consultant Clinical Psychologist
Carole Barwise RSCN
Misbah Gladwyn-Khan (Trainee Clinical Psychologist)
Julie Wallace Child & Adolescent Psychotherapist
Dr Helen Kirkaldie, Clinical Psychologist
Judy Kelso
Dr Lauren Breese, Senior Clinical Psychologist
Dr Mair Edwards, Clinical Psychologist
Anna Brazier. Retired Psychologist
Dr Wendy Hartridge Clinical Psychologist
Julie Hudson, Clinical Psychologist
Michael Ian Wilkinson FBPS
Neesha Grange, Trainee Clinical Psychologist, Bangor University
Josh Valoroso, Trainee Clinical Psychologist
Rhiannon Corcoran Liverpool University
Kate Whitaker, Trainee Clinical Psychologist
Sarah Pope - Youth Justice
Dr. Lynne Benjamin Clinical Psychologist
Dr Johanna Hilton Consultant Clinical and Forensic Psychologist
Alice Trainee Clinical Psychologist
Claire Mimnagh, Psychologist
Alison Bartlett - Primary Mental Health Specialist CAMHS
Aidan Phillips, Project Manager at WAVE Trust
Charlotte Randomly
Isobel Dawson
Stephen Keen - Counsellor
Kevin Denvir, Consultant/Trainer
Dr Stella Christofides, Clinical Psychologist
Jon Riley
Eileen Munro ACE Base Primary Teacher
Dr Clare Nott, Clinical Psychologist CAMHS
Bernadette Welsh
Caroline Berry
Dr Libby Chamberlain, Clinical Psychologist
Lynn Sweeney
Eva Marie Chadwick Dramatherapist
Dr I Baños Consultant Clinical Psychologist
Christiane Lieberman, Chartered Consultant Clinical Psychologist CAMHS, now private
Joanna Denvir (Student teacher)
Dr S Pettle, Consultant Clinical Psychologist
Hortencia McKechnie (Trainee Clinical Psychologist)
Dr Greg Stocks (Clinical Psychologist)
G Forshaw Trainee Clinical Psychologist
Coral Harrison Child & Adolescent Psychotherapist
Caroline Johnson, Clinical Psychologist, Guy's and St Thomas' Hospitals
TJ Wiseman
Danuta Orlowska, Clinical Psychologist
June Buchanan
Katrina Harris, Children and Young Person Lead
Joanna Bakopoulou Educational Psychologist
Dr Jael Hill Consultant Clinical Psychologist
Louise Peters, Trainee Clinical Psychologist
Jacqui Donnelly Early Years Practitioner
Dr Emily Howe, Clinical Psychologist
Phil Chetwynd, Consultant Clinical Psychologist (retd.)
Gerry Hannon, Swindon
Dr Julia Edwards, Clinical Psychologist
Dr Jak Lee (Senior Associate EP)
Dawn Cretney (Youth & Community ed. Practitioner)
Phil Callaghan, Psychotherapist
Dr Kirsten Verity, Paediatric Neuropsychologist
Dr Aylish Campbell, Clinical Psychologist
Daniel Rodger
Cas Schneider Consultant Clinical Psychologist
Dr Christopher Hartwright
929. David W Cryer Cognitive Behavioral Psychotherapist
930. Caroline Johnson, Clinical Psychologist
931. Betty Rathbone Child Psychologist (rtd)
932. Rob McDowall, Member of the Equality Council and Chair of Welfare Scotland
933. Dr Rosemary Novak, Chartered Clinical Psychologist working in Paediatrics
934. Theresa Ryan-Enright
935. Dr Jason McIntyre
936. Dr Iyabo Fatimilehin, Consultant Clinical Psychologist
937. carole Underwood RMN RGN
938. Deborah thorp consultant clinical psychologist for children in trafford
939. Dave Munday, Lead professional officer (Mental health), Unite the union & health visitor
940. Sadie Trent, Labour Party member
941. Jacqueline McMenamin
942. Dawn Cretey (Youth & Community ed. Practitioner)
943. Dr Peter Beardsworth, Clinical Psychologist
944. Joseph Croft - Labour Campaign for Mental Health
945. Mr Ross W Copland (Service Head - Operational Planning)
946. Lorraine McGrath Chief Executive
947. Claire Dunn
948. Ashley Young, Service Co-ordinator
949. Gillian Morrow
950. Margaret Miller
951. John V Hanna (Retired)
952. Sharon, Public Health
953. J Pope
954. Bethanne Willingham (Clinical Psychologist)
955. Dr Dan O’Hare
956. Dr Kimberley Embra, Clinical Psychologist
957. Kathleen Baptie
958. Georgina Hughes Senior Art Psychotherapist
959. Mary Gregory, Child Behaviourist
960. Annabel Espeener
961. Dr Beckie Lang
962. Kathryn Wood, Art Psychotherapist
963. N Sutton, Art Psychotherapist
964. Dr Helen Fisher, Senior Lecturer, King’s College London
965. Shelley Hughes -support worker 2
966. Dr Nicola Doherty, Consultant Clinical Psychologist
967. Diane Melvin, Consultant Clinical Psychologist to Paediatric and Family HIV clinic
968. Hugh Russell, Project Manager, End Youth Homelessness Cymru
969. A Constable
970. Sally ho
971. Stephanie Williams, Teacher
972. Sarah Harding, Art Therapist
Beulah Mcgeachie
Simon Barrett Primary School Teacher
Dr Sebastian Kraemer NHS child & adolescent psychiatrist 1975-2015
Sarah Wedge, Clinical Psychologist
Dr Catherine Tighe, Clinical Psychologist, Infant Mental Health
Jaspreet Tehara, Counselling Psychology Doctoral Candidate
Dr Lucy Weaving, Clinical Psychologist
Michael Larkin, Reader in Psychology
Margaret McCallion
Laura - eyfs teacher
Dr Jenny Cropper, Clinical Psychologist
Tayieba RTT therapist
Dr Joanna Wilde C.Psychol. Director, Council for Work and Health
Mr G Ritchie Youth Worker
Ingeborg Whitehouse
Adrian Doherty Trainee Counselling Psychologist
Hannah Istead, Clinical Psychologist
Samir Jeraj
Jeyda Hammad, Psychotherapist
Yvonne concerned
Cristian Pena, Clinical Psychologist
Dr Jo Hadfield, Clinical Psychologist
nems (north east mad studies collective)
Dr Donna Oxley, Clinical Psychologist, CAMHS
Dr Sarfraz Jeraj, Clinical Psychologist
Jenny Terry
Sophie Williams- Assistant Psychologist
Tamryn Renwick, Trainee Clinical Psychologist
Dr Phil Stringer, Senior Educational Psychologist & Research Tutor
Dr Katarina Kovacova, Clinical Psychologist & University Lecture
Steven Coles, Clinical Psychologist
Jacqueline Sambrook
Dr Jonathan Ornstein
Lauren Canvin, Trainee Clinical Psychologist
Stephen Williams
Michelle West
Tracie Spence, counsellor with Simplicity Counselling
Amelia Davies, Trainee Clinical Psychologist
Dr Sarah-Jane Knight, Clinical Psychologist
Julia Mikardo Consultant Child Psychotherapist
Rachael Lomax - Disability Liaison Officer
Rachel Soares, Educational Psychologist
Rebecca Newton, Trainee Clinical Psychologist
Ken Richardson
Nicholas Little, Trainee Clinical Psychologist, University of Oxford
Kathleen Cassidy, Peer-Counsellor Teacher
Pandora Giles Educational Psychologist
Dr. Christopher Keeley, Clinical Psychologist
Dr. Hannah Gooding, Clinical Psychologist
Fiona Rooney, Trainee Clinical Psychologist
Fabio Tartarini Lecturer in Criminology University of Suffolk
Lauren support worker
Dr Lloyd-Williams, Clinical Psychologist
Lowell Black, Independent Wellbeing Practitioner
Simon Community Scotland
Dr. Bronwen Davies, Clinical Psychologist
Dr Jonathan Ellis, University Lecturer
Dr A M Sanchez-Arce
Samoabloke
Carla Bailey Psychotherapist and mother
Kris B Black LLB (Hons), Integrative Arts Psychotherapist and Clinical Supervisor (UKCP, BACP, CSTD)
Rebecca Quick
Libby Kerr Psychotherapist
Anna Rose, Integrative Psychotherapist UKCP (retired)
Beth Glanville, Psychotherapist
Vivienne Skinner Counsellor and Coach
Karl Gregory Counsellor, Trainer, Supervisor
Tarisha Finnegan-Clarke Core Process Psychotherapist MA UKCP
Gavin Robinson LGBT* Counsellor/Psychotherapist
Gerhard Payrhuber - Psychotherapist
Psychotherapist
Trudi Macagnino Psychotherapist
Jenny Secretan, Counsellor
Gavin Robinson
Dr David Murphy
Helen Edwards, Integrative Arts Psychotherapist
Emily
Nick Davis - Psychotherapist
Chris Wise Psychotherapist
Juliet Lyons, Integrative Child Psychotherapist, Secretary PCU
Jon Blend, Child and Adult Psychotherapist
Dr Els van Ooijen, psychotherapist
Kate O’Halloran, Embodied-Relational Therapist
Lorna hauff Dance Movement Psychotherapist
Dr. Gottfried Heuer
Amand Bettison, Counsellor
Mike Shallcross, Psychotherapist
Lisa Shepherd, senior lecturer University of Northampton
Lorna Marchant Psychotherapist
Karen Stoltzman - Counsellor
Dr Amy Gibb, Educational Psychologist
Olivia Cunningham Integrative Psychotherapist
Claudia Cohen, Trainee Psychotherapist
Rosie Butfon, Dramatherapist and Mental Health Practitioner
Francis Taylor Gestalt Counsellor
Nicola Saunders, Psychoanalytic Psychotherapist
Beth Livingston, Psychotherapist in Training
Dr Rebekah Carney, Youth Mental Health Researcher
Anja Boelkow Psychotherapist
Rachel McGrath
Dr Gillian Proctor, lecturer in counselling, University of Leeds
Jamie Crabb, Integrative Counsellor
Counsellor in NHS
Rosine Perelberg, Fellow of the British Psychoanalytical Society. Visiting Professor, Psychoanalysis Unit UCL
Sara Bradly Counsellor
Ben Webster - Trainee Counsellor
Rosslyn Thompson - SEN Adviser
Adele Oti, Psychotherapist
Amanda Hon, Analytical Psychologist
Lucy Marsh Dramatherapist
Hazel Elliott, Gestalt Psychotherapist
Elizabeth Lyster
Therapist
Deborah Alma
Suzanne Keys, counsellor, Newham Sixth Form College
Liz Bubez Psychotherapist
Ellie Zellaby
Dr Angela Marsh, Clinical Psychologist.
Alexandra Chalfont, Psychotherapist
Mandy Squires Therapist RMBACP
Lucy McGregor, Trainee Clinical Psychologist
Paul Barry - Assessor
Iona Schloessingk-Monastesse, Trainee Clinical Psychologist
Mauricio Alvarez, Trainee Clinical Psychologist (UCL)
Annabel Broyd, Trainee Clinical Psychologist
Sophie Raymont, Assistant Psychologist
Harriet Rankin, Trainee Clinical Psychologist
Richard A Leighton (School social worker)
Janice Acquah (MBACP) Integrative Counsellor
Dr Anna Harris, Clinical Psychologist
Eleanna Zanga
Cathy Lasher, psychotherapist and psychotherapy trainer
April Pardoe
Valerie Bond, counsellor for children & young people (ret) and grandmother.
Miriam Taylor Psychotherapist
F Moore staff nurse
Shelley Assiter
Susan Pontin UKCP registered psychotherapist
Clare Gabriel, Breathwork Therapist working with Trauma
Kalia Cleridou, Trainee Clinical Psychologist
Julia Belton Integrative Child Psychotherapist UKCP
Emily Burns Child Counsellor
Jessica
Jo Parker
Pat Fisher - Integrative Child Psychotherapist
Sarah Kingham, Early Years Adviser and Founder of Readit2
Giulietta Del Signore-Dean Integrative Child Psychotherapist
Jennifer Davids
Katherine Yon, Trainee Clinical Psychologist
Dr Louise Brittenden Clinical Psychologist in Paediatrics.
Delma Walsh
Nadine Hoogstoel child psychotherapist
VAL ALLEN PSYCHOTHERAPIST
Ruth Israel
Karan Singh Varma and teacher
Soph
Anne Harrison, psychoanalyst.
Emma Smith-finance assistant
Karlson, carer
Emily Hogan
Louise N (Trainee Clinical Psychologist)
Becky Midlane, Family Therapist in training
Harpreet kaur
Erika Adler, Counsellor
Sue Platt Psychotherapist
Jenny Hunt child psychologist
Ross Cormack Child & Adolescent Counsellor & Trainee Psychotherapist
Trainee Child and Adolescent Psychotherapist
Karen Stoltzman - Counsellor
Dr. Roger Davies, Clinical Psychologist, CAMHS.
Maria Walker
Gill Haigh retired R M N
Susie Gordon-Jones, trainee clinical psychologist
Clare Watson, Trainee Clinical Psychologist and Housing and Mental Health Network member
Sarah Reynolds
John Neville Teacher
Dr Lauren Colgan (Senior Clinical Psychologist)
Dr Sara Flanders Psychoanalyst, Adolescent Specialist
Jabin Madahar and teacher
Joan Fogel, group psychotherapist.
Shelagh Fisher, counsellor
Kevin Power, psychotherapist
Teresa von Sommaraug, Organisational Consultant
Jay Beichman, MA Counsellor/Therapist
Francesca Bascialla, psychiatrist, group analyst
Elaine Hoad, counsellor with Place2be
Mark Elmer, Psychotherapist
Heather Stewart, Chair of the Association of Child Psychotherapists
Ruth Wilson, Assistant Psychologist, CAMHS
Dr Paula Corredor Lopez, Consultant Clinical Psychologist
Angelika, psychotherapist
Mandy Coghill, Psychotherapist
Amanda Walsh
Tania Dolley, Counselling Psychologist
Derek Love, Group Analyst, Psychotherapist and Supervisor
Chris Robertson, Psychotherapist and Trainer
Nicky Martin, Counselling & Psychotherapy Manager
Dr Gemma Mitchell, Clinical psychologist
J.M., teacher
Dr Heidi Higgins, Clinical Psychologist, Learning Disability
Monica McCusker, HIV home testing coordinator
John Henry, specialist trauma therapist
Sue Tripp, Headteacher
Dr Stacey Thomson, CAMHS Clinical Psychologist
Philippa de Lacy, Development Lead, MAC-UK; Trustee, Mosaic Clubhouse & Honorary Psychotherapist, CNWL NHS Trust
Celia Graham-Dixon
Helen Aspland, Clinical Psychologist
Maggie Bunker, Counsellor and Integrative Child Psychotherapist
Michele Long, Counsellor & Consultative Supervisor
Tanya
Dr Emma Thomas, Clinical Psychologist
Rachel Chaplin, Fellow of the British Psychoanalitical Society, Honorary Senior Lecturer Psychoanalysis Unit, UCL
Laurie Oliva
Lucy (youth-worker)
Laura Pilch
Dr. J Evans, psychotherapist
Louisa Daffin, concerned parent
Denyse Gylsson, Therapeutic Wellbeing Practitioner Children & Young People
Carole Banton, Children's Service Manager
Joanna Rosenthal, Consultant Couple Psychotherapist
Joanne Eve Morgan, Trainee Clinical Psychologist
Roisin Williams, mental health practitioner
A Boclet SCPHN
Jenny Chigwende - Counselling Psychologist in Training
Liv Noack-Cox. Primary school teacher
Gillian
Antony Grace, Father
Liberty Timewell, civil servant
Sue Hale Psychotherapist
Penny Chatzivalsama
Peter Wilson, Consultant Child and Adolescent Psychotherapist
Becci Hayward - Psychotherapist
Consultant Neurologist
Anna Groom, Play Therapist in training
Lauren Evans. Trainee clinical psychologist.
Cam Field, Gestalt Psychotherapist
Alison Jenkins Psychotherapist
liselle psychotherapist
Sue Coombes, Integrative Child Counsellor
Jo Medway Clinical Psychologist for Looked After Children
Nicola, Counselling Psychologist
Mae Tang, Psychotherapy Trainee and Volunteer Counsellor
Ms Angela Wilson Class Teacher
Sian Harris
Alex Quinn Youth Prevention Officer
Jennifer Pugh
Anna Baulch-Jones Psychotherapist
Tricia Jamieson Retired Homelessness Worker, 16-25
Martin Capps
Dr Ava Kanyeredzi, Lecturer
Dr Steve Melluish, Consultant Clinical Psychologist
Cherry Smith - Manager, Interchange Sheffield (Young People’s Counselling Service)
Louise Cook
Leanda O’Connell
Dr Jo Potier, Consultant Clinical Psychologist
Dr Rhiannon Cobner: Consultant Clinical Psychologist
sophie, social worker and trainee child therapist
Helen Butland Concerned parent
Gary Howett - children and families social worker
Hannah Whitehead, Trainee Clinical Psychologist
Carole massey, Social worker
Dr. Una Parker, Consultant Clinical Psychologist
Sue Coombes, Child Counsellor
Niaomi Sales Parental Supporter
Fran Fran
Alasdair Mussell, Early Years Teacher
Rona Taylor, Educational Psychologist
Skye McDade-Burn, Trainee Child Psychotherapeutic Counsellor
Mohamed Abdallah - Director of Student Engagement
Dr Pennie Haywood
Beth Bodycote PhD student (Family experiences of anxiety-based school refusal)
Karen Adams parent
Hannah Droscher (Trainee Clinical Psychologist, Salomons Centre for Applied Psychology, Canterbury Christ Church University, Kent)
Dr April Ward, Clinical Psychologist
Holly Webb, Therapeutic Wellbeing Practitioner
Dr Lucy Gore - Clinical Psychologist
Jodie Allen, Trainee Clinical Psychologist
Dr Eleanor Barnard
Lena Halliday
Christel Hawkins
Anonymous parent
Rebecca Amos, Psychological Wellbeing Practitioner
Emma Rogers
Anonymous parent
Dr Naomi Swift, Clinical Psychologist
April Lloyd, Assistant Psychologist, Secondary Mental Health Services
Dr Chris Thompson, Clinical Psychologist, NHS
Tom Young (PhD Researcher)
Laura Glinn, Assistant Psychologist
Dr Jemma Chambers, Clinical Psychologist
Dr Emma Lloyd Clinical Psychologist
Betsy de Thierry
Dr D Terrelonge Child & Educational Psychologist
Dr Andrew Sutcliffe, Educational Psychologist
Dr D Terrelonge Child & Educational Psychologist
Anna Rose, Integrative Psychotherapist
Robert Percival, Clinical Psychologist
Dr Cerith Waters, chartered clinical psychologist
Retired special needs teacher & grandparent
Elizabeth Harding, Trainee Clinical Psychologist
Andre Mathurine, Assistant Psychologist
Sue Jones Independent policy researcher
Ruki Dhand (Trainee Educational Psychologist)
Kerrie
Parent & Grandparent
Dr. Shreena Ghelani, Clinical Psychologist
Dr Ian McLauchlin
Mrs M A Millichap
Phill Evans RMN (retd), artist.
J B
Jane Annear SENCo/Teacher
Ms Anna Borowiec
Paul Timney
Annabel Schleutker
Marian Brannigan
Lynn Dye
William Murphy
Rob Marsh - D.A.N. (Cymru)
Lesley Marshall retired teacher
Ralph Weeks
Joseph Brennan. Registered Mental Health Nurse.
Stella Papadakis, Lead Clinical Psychologist
Maria Nelson human being
Eddy Palmer
Katie Thomas Assistant Clinical Psychologist
Dr Ellen Duff, Clinical Psychologist
Dr Diane Morrison, Clinical Psychologist
Katie Williams: Psychologist in Clinical Training
Geraldine Shipton, Psychoanalyst
G. Kohon
Dr James Easton Consultant Clinical Psychologist & Group Analyst
Neti Blackwell
catherine mccabe Psychoanalyst
Edith Hargreaves Psychoanalyst
Dr Isobel Gammer (Clinical Psychologist)
Megan Virtue Fellow of the British Psychoanalytical Society. Consultant Clinical Psychologist, NWLH NHS Trust
Ann Sloboda Psychoanalyst and Music Therapist
Susan Cockett consultant clinical psychologist and psychoanalyst
Jangir Sidhu, Teacher
S. Dreyer Psychoanalyst
Nicola Loram Child and Adolescent Psychotherapist
Mrs. Engelen Psychoanalytic Child and Adolescent Psychotherapist
Susanne Lansman, Psychoanalyst
Sebastian Kraemer, Child and Adolescent Psychiatrist
Colette Rhodes (School Counsellor)
Fiona Walkingshaw - Child Psychotherapist
Dr David Leibel, Psychoanalyst /Adolescent Psychotherapist
Brandie Bolt - Adult Service Co-ordinator for OASIS Project
Dr Olive Burke
Elena Bozhinova-Hahn, candidate of psychoanalysis
Angela Webber (Trainee Clinical Psychologist)
Paloma Casey
Mark Smith, Senior SEN Learning Support
Dr Giovanna Di Ceglie MD
Christine Vickers, psychoanalytic outreach therapist and historian
Eric Bateson (teacher)
Alex Bell, SENDCo
Dr Emma Meldrum, Clinical Psychologist, CAMHS
Flame Goldsworthy - Secondary Teacher
Antje Netzer-Stein, Child and Adolescent Psychotherapist and Psychoanalyst
Anna Dadswell, Research Assistant
Una Doyle teacher
Laura Lamb - Social Worker
Dr Mary Short Consultant C&A Psychiatrist C&A Psychoanalytic Psychotherapist
Rachel Lacey - young people and families worker
Elizabeth Hotchkiss CAMHS nurse
Sophie Scott-Harman LD specialist
Alison Rhodes
Amina McKenzie SEN TA
Claire Ramsden
Hannah Golden, trainee clinical psychologist
Jennifer Sanders (mother & educator)
Dr Antonella Trotta, Senior Clinical Psychologist SLaM NHS/Research Fellow KCL
Layla Ghorbannejad Key Stage 3 Maths co-ordinator
alan sinclair CBE
Rafidah, Maths Teacher
Mrs Belinda Archibald
Evelyn McKenzie, Clinical Psychologist
Rebecca Pearson - Educational Psychologist
Khadj Rouf
Helen Basu Chaudhuri
deborah woodhouse
Nigel Newman
Dr Pam Jarvis, Chartered Psychologist
Dan Lea
Dr Kathryn Evans, Clinical Psychologist and Clinical Tutor, Oxford
William Robert Yates School Teacher
Sophie Atkinson - Psychodynamic Therapist MBACP
Ilona Racz Professional Lead Arts Therapies
Dr Katie Casey, Clinical Psychologist in Paediatrics
Dr Vicky Elliott, Clinical Psychologist in Paediatrics
Sissy Lykou, UKCP and ADMP registered psychotherapist
Dilanthi Weerasinghe, Educational Psychologist
1372. Dr Lynda Durell, Clinical Psychologist
1373. Laura Adams, Trainee Clinical Psychologist, Plymouth University
1374. Gedd King, Counselling Team Lead
1375. Catherine Coe, Trainee Clinical Psychologist
1376. Adrian Seal Cert FCIH Reablement Therapist
1377. Dr. Ruth Berkowitz Psychoanalyst
1378. Dr Sue Clohessy, Consultant Clinical Psychologist
1379. Kat Damazer, Trainee Clinical Psychologist
1380. Dr. David Ward - Clinical Psychologist
1381. Greg Smith, Trainee Clinical Psychologist
1382. Jessica Conrad-Czaja, Trainee Clinical Psychologist
1383. Kerry Cope, Trainee Clinical Psychologist, CAMHS
1384. Dr A D Young (Clinical Psychologist)
1385. Bernadette Jordan
1386. Danny Whitehouse, Youth Worker
1387. Counselling Psychologist
1388. Helen O'Shea Consultant Clinical Psychologist
1389. Dr J Bullen DPhil(oxon) CPsychol
1390. Lorna Franey
1391. Sally Hall Phoenix Education Trust
1392. Lorna French, Assistant Psychologist
1393. Louise Miller Educational Psychologist in Training
1394. Gail Dasantos - Dance Movement Psychotherapist
1395. Megan Thomson, Higher Assistant Psychologist
1396. Nazma Rahman Trainee Educational Psychologist
1397. Sonia Marquardt, Counselling Psychologist in Training
1398. Jon-Paul Marshall - Trainee Counselling Psychologist
1399. Cat Iredale, Trainee Clinical Psychologist