SUBMISSION BY THE INTERNATIONAL COMMISSION OF JURISTS TO THE OFFICE OF THE HIGH COMMISSIONER FOR HUMAN RIGHTS

PURSUANT TO THE NOTE VERBAL REGARDING HUMAN RIGHTS COUNCIL RESOLUTION 11/8 ON PREVENTABLE MATERNAL MORTALITY AND MORBIDITY AND HUMAN RIGHTS

1. The International Commission of Jurists is grateful to the Office of the High Commissioner for Human Rights for the opportunity to share its views on the human rights dimensions of preventable maternal mortality and morbidity in the existing legal framework.

2. With reference to international law and standards, and the jurisprudence, general comments and recommendations, and concluding observations of the international treaty monitoring bodies and other judicial and quasi-judicial bodies, this submission will briefly address some aspects of general international human rights law and the way in which they relate to the provision of appropriate maternal health care, including emergency obstetric care.

3. At the outset the ICJ wishes to underline that there are many ways in which a failure to provide such care can amount to a human rights violation, and to underscore that such a failure may give rise to impermissible infringements of a multitude of human rights. However due to time and space restrictions this submission will not provide a comprehensive overview or analysis of all of these. Rather it will focus on two particular areas: (1) the right to the highest attainable standard of health (hereinafter the right to health), and (2) the right of women to enjoy the their human rights on a basis of equality with men, and free from discrimination on the basis of sex, with particular reference to the rights to health and life.

4. In the first part of this submission the ICJ will deal specifically with the content of the right to health, and will underline that it includes the right to appropriate maternal health care, including emergency obstetric care. In the second part of the submission the ICJ will briefly set out the general content of the right to enjoy human rights on a basis of equality between men and women, and free from discrimination on the basis of sex and will then specifically consider the application of this framework to the rights to health and life. Although for the purposes of this submission the ICJ will deal with the content of the right to health and the content of the right to the equal enjoyment of human rights separately the ICJ underlines its view that the two are intrinsically linked and interrelated. In the final part of the submission the ICJ addresses the right to an effective remedy.

I. THE INTERNATIONAL LEGAL OBLIGATION TO REALIZE THE RIGHT TO HEALTH

5. International human rights law obliges States to realize the right to health. This requires States not only to refrain from interfering in the enjoyment of the right to health but also to must take positive proactive measures to realize the right. Conduct involving affirmative acts and conduct of omission or failure to take necessary measures can give rise to a violation of the right to health.


3 CESC General Comment No.14. Paras. 48 and 49. See also, Maastricht Guidelines, Paras. 14 and 15.
6. Safeguarding the right to health, among other things, requires States to ensure the provision of “timely and appropriate health care.” States must also ensure “the appropriate training of doctors and other medical personnel,” while “functioning public health and health-care facilities, goods and services (…) have to be available in sufficient quantity,” and “must also be scientifically and medically appropriate and of good quality.”

7. Compliance with the correlative obligations stemming from the right to health, including the obligation to ensure the provision of timely and appropriate health care, places particular requirements on States in relation to maternal health. Specifically, it necessitates the provision of appropriate maternal health care. The Committee on Economic, Social and Cultural Rights, in its analysis of the obligation to realize the right to health under Article 12 of the International Covenant on Economic, Social and Cultural Rights, has affirmed that States are required “to ensure reproductive, maternal (pre-natal as well as post-natal) and child health care.” The Convention on the Elimination of All Forms of Discrimination against Women enshrines this obligation expressly, providing in Article 12(2) that States “shall ensure to women appropriate services in connection with pregnancy, confinement and the post-natal period.”

8. Ensuring the provision of “appropriate services” in respect of reproductive and maternal health care necessarily includes the requirement that States provide emergency obstetric services. In the words of the Committee on the Elimination of Discrimination against Women, “it is a duty of States to ensure women’s right to safe motherhood and emergency obstetric services.” Similarly the Committee on Economic, Social and Cultural Rights has emphasized that “public health infrastructures should provide for sexual and reproductive health services, including safe motherhood,” and that Article 12.2(a) of the Convention on Economic, Social and Cultural Rights, “may be understood as requiring (…) pre and post-natal care, emergency obstetric services.” Additionally, the United Nations Special Rapporteur on the Right to Health has underlined that the right to health of women entitles them to “key technical interventions for the prevention of maternal mortality, including (…) emergency obstetric care.”

9. In line with the analysis above, the scope of the State’s obligation in respect of the right to health extends beyond mere “provision” by States of maternal health care and services. In order to comply with their obligations States must ensure that the maternal health care, including emergency obstetric care, they provide to women, is readily available, accessible, medically appropriate, of good quality and that doctors and medical personnel are appropriately trained.

The Nature of the Obligation to Provide Maternal Health Care, Including Obstetric Care

10. International human rights law imposes certain obligations in relation to the right to health which States must perform to immediate effect. Other right to health obligations are subject

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4 CESC General Comment No.14. Para. 11. See also, Para. 36.
5 CESC General Comment No.14. Para. 36.
6 CESC General Comment No.14. Para. 12(a).
7 CESC General Comment No.14. Para. 12(d).
8 CESC General Comment No.14, Para 44(a). See also, Para 14. See also Article 24(d), International Convention on the Rights of the Child.
10 CEDAW General Recommendation No. 24. Para. 27.
12 CESC General Comment No. 14, Para. 14.
14 See Paragraph 5 above.
to progressive realization, meaning that they do not necessarily need to be realized fully at once, but instead, in the words of the Committee on Economic, Social and Cultural Rights, may be subject to a “specific and continuing obligation to move as expeditiously and effectively as possible towards (...), full realization.”

11. Certain obligations which must be performed to immediate effect are classed as "minimum core obligations." These oblige States to "ensure the satisfaction of, at the very least, minimum essential levels" of the right to health. In the words of the Committee on Economic, Social and Cultural Rights “a State cannot, under any circumstances whatsoever, justify its non-compliance with the core obligations.” As a matter of course it follows that violations of the right to health occur when a State fails to satisfy its minimum core obligations.

12. The Committee on Economic Social and Cultural Rights has affirmed that the obligation on States "to ensure reproductive, maternal (pre-natal as well as post-natal) and child health care" is of "comparable priority" to States' minimum core obligations.

13. Moreover “minimum essential levels” of the right to health to which the “minimum core obligations" of the right to health apply, have been widely and explicitly held to include “essential primary health care.” In turn, primary health care has been defined as "essential health care," and is recognized as including maternal health care. More specifically, there can be no question but that certain essential forms of obstetric care which can, and are necessary to, save the life of a woman in a pregnancy or childbirth related emergency are encompassed within essential primary health care.

14. Accessible, medically appropriate and good quality maternal health care, including emergency obstetric care, is no doubt a core minimum obligation constitutive of the right to health. It should be noted, however, that even if aspects of the obligation to provide maternal health-care were considered to be subject to progressive realization, the failure of a State to ensure the provision of good quality maternal health-care and emergency obstetric care would nonetheless amount to a violation of women’s right to health, unless that State were able to demonstrate that “every effort has nevertheless been made to use all available resources at its disposal” to provide such health-care, “as expeditiously and effectively as possible” and “as a matter of priority.”

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16 CESCGR General Comment No.14, Para. 31. See also, CESCGR General Comment No. 3, Para. 9; Limburg Principles, Para. 21; Maastricht Guidelines, Para. 8.
17 CESCGR General Comment No. 3, Para. 10. See also CESCGR General Comment No. 14, Para. 43.
18 CESCGR General Comment No. 14, Para. 43. See also, CESCGR General Comment No. 3, Para. 10.
19 CESCGR General Comment No. 14, Para. 47.
20 CESCGR General Comment No. 14, Para. 47. See also, Maastricht Guidelines, Paras. 9 and 15(h).
21 CESCGR General Comment No. 14, Para. 44(a).
22 CESCGR General Comment No. 14, Para. 44(a).
23 CESCGR General Comment No.3, Para.10; CESCGR General Comment No. 14, Para. 43.
24 CESCGR General Comment No. 14, Para. 43. See also, CESCGR General Comment No. 3, Para.10; Maastricht Guidelines, Para. 6; Article 10, Additional Protocol to the American Convention on Human Rights in the Area of Economic, Social and Cultural Rights.
28 CESCGR General Comment No. 14, Para. 47. See also, CESCGR, General Comment No. 3, Para. 9; Limburg Principles, Para. 21.; Maastricht Guidelines, Para. 8.
29 CESCGR General Comment No. 3, Para. 9; CESCGR General Comment No. 14, Para. 31.
30 CESCGR General Comment No. 14, Para. 47.
II. THE INTERNATIONAL LEGAL OBLIGATION TO ENSURE THE RIGHT OF WOMEN TO 
EXERCISE AND ENJOY THEIR HUMAN RIGHTS ON THE BASIS OF EQUALITY WITH MEN AND 
FREE FROM DISCRIMINATION ON THE BASIS OF SEX

15. States are obliged under international human rights law to ensure the equal right of men and 
women to the enjoyment of all human rights and to guarantee its corollary: the exercise of 
those rights without discrimination of any kind on the basis of sex. As defined by Article 1 of 
the Convention on the Elimination of All Forms of Discrimination against Women, such 
discrimination is “any distinction, exclusion or restriction made on the basis of sex which has 
the effect or purpose of impairing or nullifying the recognition, enjoyment or exercise by 
women, irrespective of their marital status, on a basis of equality of men and women, of 
human rights and fundamental freedoms in the political, economic, social, cultural, civil or any 
other field.”

16. The obligation to guarantee the right of women to the equal enjoyment of human rights 
requires States to respect, protect and fulfill this right. Within this obligation, States must 
“refrain from discriminatory actions that directly or indirectly result in the denial of the equal 
right of men and women in the enjoyment of human rights. They also must take positive 
proactive steps to ensure that in practice men and women enjoy their (...) rights on a basis of 
equality.” Conduct comprising either actions or failures to act (omissions) can amount to a 
violation of the obligation to guarantee women’s equal right to the enjoyment of human rights 
and non-discrimination on the basis of sex.

17. In addition, these obligations concerning the equal enjoyment of rights require States to 
ensure “both de facto and de jure equality,” and to eliminate both formal and substantive 
discrimination. In that context impermissible discrimination on grounds of sex and women’s 
inequality in relation to the enjoyment of human rights may result not only from legislation and 
legal measures, but from a range of conduct and practice, and as such States must ensure 
the equal enjoyment of human rights and non-discrimination in respect of those rights, in both 
law and practice. Towards that end, the enactment of legal and/or policy frameworks that 
mandate equal treatment and/or proscribe discrimination in relation to the exercise of human 
rights will constitute necessary steps. By themselves, however, such steps will rarely be 
adequate. As the Committee on the Elimination of Discrimination against Women has 
underlined a “purely formal legal or programmatic approach is not sufficient to achieve 
women’s de facto equality with men.” Instead, in the words of the Committee on Economic, 
Social and Cultural Rights, “eliminating discrimination in practice requires paying sufficient 
attention to groups of individuals which suffer historical or persistent prejudice (...) States 
parties must therefore immediately adopt the necessary measures to prevent, diminish and 
eliminate the conditions and attitudes which cause or perpetuate substantive or de facto 
discrimination.

18. Furthermore, the obligation to ensure that women are not subjected to discrimination on 
grounds of sex in the exercise of human rights extends to both direct and indirect

31 Article 3, International Covenant on Civil and Political Rights; Article 3 International Covenant on Economic, 
Social and Cultural Rights; Articles 1 and 2, Convention on the Elimination of All Forms of Discrimination against 
Women; Committee on Economic, Social and Cultural Rights, General Comment No. 16, The Equal Right of Men 
and Women to the Enjoyment of All Economic, Social and Cultural Rights, 11 August 2005, (hereinafter CESCR 
General Comment No.16), Paras. 1 and 10; Committee on Economic, Social and Cultural Rights, General 
E/C.12/GC/20, (hereinafter CESCR General Comment No. 20), Paras. 2, 3, 4 and 20.
32 CESCR General Comment No. 16, Para. 17; Committee on the Elimination of Discrimination against Women, 
General Recommendation No. 25, Article 4, Paragraph 1 of the Convention on the Elimination of All Forms of 
Discrimination against Women on Temporary Special Measures (hereinafter CEDAW General Recommendation 
No. 25), Para. 4.
33 CESCR General Comment No. 16, Para. 18.
34 Ibid. Para. 21. See also Paras. 2 and 19. And see, CEDAW General Recommendation No. 25, Paras.7-8; 
CESCR General Comment No. 20, Para. 8(b).
35 CESCR General Comment No. 16, Para. 7; CEDAW General Recommendation No. 25, Para. 4.
36 CESC General Comment No. 20, Para. 8.
37 CESC General Comment No. 16, Paras. 6-8; CEDAW General Recommendation No. 25, Paras. 4-10.
38 CEDAW General Recommendation No. 25, Para. 8.
39 CESC General Comment No. 20, Para. 8(b).
discrimination on the basis of sex.\textsuperscript{40} Consequently, States must both eliminate plainly discriminatory laws, policies, programmes and practices and they must ensure that seemingly gender-neutral measures do not have a discriminatory effect in real terms. Discrimination and inequality in the enjoyment of human rights may be both covert and overt.\textsuperscript{41} Moreover, conduct which results effectively in discrimination on grounds of sex need not be undertaken with discriminatory intent in order to contravene the right of women to equal enjoyment of human rights and non-discrimination in the exercise of those rights on the basis of sex.\textsuperscript{42}

19. Crucially, ensuring women’s equal enjoyment of human rights and non-discrimination in the exercise of those rights will at times require States to recognise gender differences and act accordingly. In this respect, the Committee on the Elimination of Discrimination against Women has asserted that “it is not enough to guarantee women treatment that is identical to that of men. Rather, biological as well as socially and culturally constructed differences between women and men must be taken into account. Under certain circumstances, non-identical treatment of women and men will be required in order to address such differences.”\textsuperscript{43}

(a) The Right to Health

20. As a matter of course these obligations regarding non-discrimination and equality apply in relation to the right to health,\textsuperscript{44} and this has been explicitly confirmed by both the Committee on Economic, Social and Cultural Rights,\textsuperscript{45} and by the Committee on the Elimination of Discrimination against Women.\textsuperscript{46} More specifically, the obligation to ensure women’s equal enjoyment of human rights is an “immediate and primary obligation,”\textsuperscript{47} while the requirement that States “ensure the right of access to health facilities, goods and services on a non-discriminatory basis,”\textsuperscript{48} is recognized as one of the minimum core obligations forming part of the obligation to realize the right to health. As such, a State must, with immediate effect, guarantee the right of women to exercise and enjoy their right to health on the basis of equality with men and free from discrimination based on sex.\textsuperscript{49} Indeed, as the Committee on Economic, Social and Cultural Rights has underlined, a failure to ensure formal and substantive equality in women’s enjoyment of the right to health constitutes a violation of that right.\textsuperscript{50}

21. Article 12(1) of the Convention on the Elimination of Discrimination against Women obliges States to “take all appropriate measures to (…) to ensure, on a basis of equality of men and women, access to health care services.” Similarly in the context of its analysis of equality and non-discrimination in relation to the right to health the Committee on Economic, Social and Cultural Rights has emphasized the need to ensure “equality of access to health care and health services,”\textsuperscript{51} and has underlined the obligation on States to “prevent any discrimination on internationally prohibited grounds in the provision of health care and health services.”\textsuperscript{52} In interpreting the meaning of Article 12(1) of the Convention on the Elimination of all Forms of Discrimination against Women the Committee on the Elimination of Discrimination against Women has held that, “the duty of States to ensure, on a basis of equality between men and women, access to health care services (…) implies an obligation to respect, protect and fulfill women’s right’s to health care.”\textsuperscript{53}

\textsuperscript{40} CEDAW General Recommendation No. 25, Para. 7; CESCR General Comment No. 16, Paras. 12-13; CESCR General Comment No. 20, Para. 10.

\textsuperscript{41} CESCR General Comment No. 16, Para. 5; CESCR General Comment No. 14, Para. 19.

\textsuperscript{42} CESCR General Comment No. 20, Para. 7: discrimination results when something “has the intention or effect of nullifying or impairing the recognition, enjoyment or exercise on an equal footing,” of human rights. See also, European Court of Human Rights, Case of Opuz v. Turkey, 9 June 2009, Application No. 33401/02, Para. 200.

\textsuperscript{43} CEDAW General Recommendation No. 25, Para. 8.

\textsuperscript{44} Article 3, International Covenant on Economic, Social, Cultural Rights; Article 1 and Article 12, Convention on the Elimination of All Forms of Discrimination against Women; CESCR General Comment no. 14, Paras. 18 and 19; CEDAW General Recommendation No. 24, Paras. 1 and 2.

\textsuperscript{45} CESCR General Comment No. 16; CESCR General Comment No. 20; CESCR General Comment No. 14.

\textsuperscript{46} CEDAW General Recommendation No. 24.

\textsuperscript{47} CESCR General Comment No. 16, Para. 40. See also, CESCR General Comment No. 20, Para. 7.

\textsuperscript{48} CESCR General Comment No. 14, Para. 43(a).

\textsuperscript{49} See Paragraphs 9 - 13 above.

\textsuperscript{50} CESCR General Comment No. 16, Para. 41.

\textsuperscript{51} CESCR General Comment No. 14, Para. 19.

\textsuperscript{52} CESCR General Comment No. 14, Para. 19.

\textsuperscript{53} CEDAW General Recommendation No. 24, Para. 13.
22. Specifically, the Committee has noted that “measures to eliminate discrimination against women are considered to be inappropriate if a health care system lacks services to prevent, detect and treat illnesses specific to women.” As such, health-care policies and measures must address the “distinctive features and factors which differ for women in comparison to men, such as (…) their menstrual cycle and their reproductive function.”

23. As a result of their biological features and reproductive function, only women, not men, suffer obstetric complications. The health-care interventions needed to save their lives in pregnancy or childbirth related emergencies are well known. Indeed it is estimated that 74 per cent of maternal deaths could be prevented if all women had access to such interventions. Yet in many countries there has been no significant reduction in the rates of maternal mortality, even while progress has been made in the provision of health-care more generally, and in tackling certain health concerns which apply to both men and women. Moreover, as highlighted by the United Nations Special Rapporteur on the Right to Health, “there is no single cause of death and disability for men between the ages of 15 and 44 that is close to the magnitude of maternal death and disability.”

24. Indeed these statistics reflect the assessment of the Committee on Economic, Social and Cultural Rights that “women are often denied equal enjoyment of their human rights, in particular by virtue of the lesser status ascribed to them by tradition and custom, or as a result of overt or covert discrimination.” In that context, a State’s failure to provide, and/or prioritise the provision of good quality maternal health care and specifically emergency obstetric services, may contravene its obligation to guarantee the right of women to the equal enjoyment of the right to health, and to the exercise of that right free from discrimination based on sex, including through equal access to health-care.

25. Indeed the United Nations Special Rapporteur on the Right to Health has observed the principles of equality and non-discrimination “underpin prioritization of interventions – such as emergency obstetric care – that can guarantee women’s right to health on the basis of non-discrimination and equality.” Likewise, the Committee on Economic, Social and Cultural Rights considers that in order to eliminate discrimination against women, a major goal of any national health strategy “should be reducing women’s health risks, particularly lowering rates of maternal mortality.”

26. It follows that, as expressly provided for under Article 12(2) of the Convention on the Elimination of Discrimination against Women, States must “ensure to women appropriate services in connection with pregnancy, confinement and the post-natal period.” To that end, States must allocate the maximum extent of all available resources to the provision of emergency obstetric services.

27. Among other things, a State’s failure to reduce the rates of preventable maternal mortality as a result of “inappropriate health resource allocation” will amount to impermissible discrimination. Indeed, as expressed by the Committee on the Elimination of Discrimination against Women, “studies such as those which emphasize the high maternal mortality and morbidity rates (…) provide an important indication for States parties of possible breaches of their duties to ensure women’s access to health care.”

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54 CEDAW General Recommendation No. 24, Para. 11.
55 CEDAW General Recommendation No. 24, Para. 12(a). See also, CEDAW General Recommendation No. 25, Para. 8.
57 Report of the Special Rapporteur on the Right to Health, Para. 11
59 CESCR General Comment No. 16, Para. 5.
60 Report of the Special Rapporteur on the Right to Health, Para. 28(b)
61 CESCR General Comment No. 14, Para. 21.
62 CEDAW General Recommendation No. 24, Para. 27.
63 CESCR General Comment No. 14, Para. 19: “inappropriate health resource allocation can lead to discrimination which may not be overt.”
64 CEDAW General Recommendation No. 24, Para. 17.
(b) Right to Life

28. Depending on the particular circumstances a State’s failure to provide good quality maternal health care may also impact women’s equal enjoyment and exercise of a number of rights beyond the right to health. Specifically where a woman dies as a result of a failure to provide good quality maternal health care, including emergency obstetric care, the responsibility of the state may be engaged in respect of a violation of the right to life.

29. Under international human rights law States are obliged not only to refrain from the unlawful taking of life, but also to take steps to safeguard the lives of those within its jurisdiction. This will often require the provision of health-care, and more specifically emergency health care. In order to ensure the right of women to exercise and enjoy their right to life on the basis of equality with men and free from discrimination on the basis of sex, States must take adequate measures to safeguard the lives of women on an equal basis with those of men, including, where applicable, the provision of health-care, including emergency care. In line with the analysis of the principles of equality and non-discrimination above, such measures must address ‘distinctive features and factors which differ for women in comparison to men, such as (...) biological factors which differ for women in comparison with men, such as (...) their reproductive function.’

30. As a result, in order to protect women’s enjoyment of the right to life on an equal basis with men, States must provide full and timely access of women to good quality maternal health care, and specifically emergency obstetric care. Indeed, the Committee on the Elimination of Discrimination against Women has held that measures should be taken “to reduce maternal mortality rates and protect women’s right to life by ensuring full and timely access of all women to emergency obstetric care.” Moreover, in its analysis of the right of women to the enjoyment of the right to life on an equal basis with men, the Human Rights Committee has highlighted the need for States to look at rates of “pregnancy and childbirth related deaths of women,” and has noted that in order to guarantee the right to life, States should ensure the accessibility of health services, including emergency obstetric care.

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65 These might include the right to privacy, to freedom from torture, cruel, inhuman and degrading treatment. For example, the failure to provide women with specific health care interventions, related to their sexual and reproductive rights, has been held to constitute a violation of the right to privacy (European Court of Human Rights, Case of Tysiac v. Poland, 20 March 2007, Application No. 5410/03) and a violation of the right to freedom from torture, cruel, inhuman and degrading treatment (Human Rights Committee, Case of Karen Noelia Llantoy Huamán v. Peru, Communication No. 1153/2003, 24 October 2005).
66 Article 6, International Covenant on Civil and Political Rights; Article 4, American Convention on Human Rights.
69 CEDAW General Recommendation No. 24, Para. 12(a). See also, CEDAW General Recommendation No. 25, Para. 8.
71 Human Rights Committee, General Comment No. 28, Equality of Rights between Men and Women, U.N. Doc. CCPR/C/21/Rev.1/Add.10, (hereinafter HRC General Comment No. 28), Para. 10.
IV. THE INTERNATIONAL LEGAL OBLIGATION TO ENSURE AN EFFECTIVE REMEDY AND APPROPRIATE REPARATION IN CASES OF VIOLATIONS OF THE RIGHTS TO LIFE AND HEALTH AND THE RIGHT OF WOMEN TO EXERCISE AND ENJOY THESE RIGHTS ON THE BASIS OF EQUALITY WITH MEN AND FREE FROM DISCRIMINATION ON THE BASIS OF SEX.

31. It is a general principle of all legal systems that the violation of a legal right gives rise to the right to a remedy, and indeed, States are obliged under international human rights law to provide an effective remedy to anyone who alleges a violation of their human rights. This obligation is enshrined in international and regional human rights instruments and its importance has been outlined and underscored repeatedly in the jurisprudence of international and regional judicial and quasi-judicial bodies. Remedies must be both procedural and substantive. This means that the State must provide access to a remedial forum, unencumbered by jurisdictional or other procedural barriers which would render the formal right illusory or ineffective and that it must provide for appropriate reparation in the event that a violation is established.

32. As a matter of course this obligation applies in relation to alleged violations of the rights to life, health and equality and non-discrimination in the enjoyment and exercise those rights.

33. Indeed, the Convention on the Elimination of All Forms of Discrimination against Women requires States to "establish legal protection of the rights of women on an equal basis with men and to ensure through competent national tribunals and other public institutions the effective protection of women against any act of discrimination." In the specific context of women's right to health the Committee on the Elimination of Discrimination against Women has underlined that "the duty of States to ensure, on a basis of equality between men and women, access to health care services (...) implies an obligation to respect, protect and fulfill women's right to health care. States parties have the responsibility to ensure that legislation and executive action comply with these three obligations. They must also put in place a system which ensures effective judicial action. Failure to do will constitute a violation." More specifically in relation to the right to health, the Committee has underlined that "any person or group victim of violation of the right to health should have access to effective judicial or other appropriate remedies at both national and international levels." Moreover, in relation to the right of women to exercise and enjoy their human rights on the basis of equality with men and free from discrimination on the basis of sex the Committee has reiterated that when that right is called into question States are required to "make available and accessible appropriate remedies."

34. The Committee on Economic Social and Cultural Rights has indicated that in relation to the rights enshrined in the International Covenant on Economic, Social, Cultural Rights "the fundamental requirements of international human rights law must be borne in mind. Thus (...) appropriate means of redress, or remedies must be available to any aggrieved individual or group, and appropriate means of ensuring governmental accountability must be put in place." More specifically in relation to the right to health, the Committee has underlined that "any person or group victim of violation of the right to health should have access to effective judicial or other appropriate remedies at both national and international levels." Moreover, in relation to the right of women to exercise and enjoy their human rights on the basis of equality with men and free from discrimination on the basis of sex the Committee has reiterated that when that right is called into question States are required to "make available and accessible appropriate remedies."

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76 Article 2(a), Convention on the Elimination of All Forms of Discrimination against Women.
77 CEDAW, General Comment No. 24, Para. 13.
79 CESCER, General Comment No. 14, Para. 59.
80 CESCER General Comment No. 16, Para. 21. See also CESCER General Comment No. 20, Para. 40: “institutions dealing with allegations of discrimination (...) should be accessible to everyone without discrimination. These institutions should adjudicate or investigate complaints promptly, impartially and independently and address alleged violations.”
35. The Human Rights Committee has held that in order to comply with their obligations to guarantee the rights enshrined in the International Covenant on Civil and Political Rights, including both the right to life, and the right of women to exercise and enjoy that right on the basis of equality with men and free from discrimination on the basis of sex, States “must ensure that individuals also have accessible and effective remedies.”

What Constitutes an Effective Remedy?

36. As will be explained below the forum and nature of a remedy may be variable depending on the formal source of right. However, in order to meet the requirements of international human rights law, whatever its nature or form, the remedy must not be theoretical or illusory, but meaningful in practice. It must entail recourse to an independent and impartial authority, which has the power and capacity to (a) investigate and decide whether or not a violation has taken place and (b) offer an appropriate remedy in terms of ordering cessation and/or reparation. Moreover the process must be prompt and accessible and any decision made must be enforceable.

(a) Judicial Remedies

37. In many instances compliance with the obligation to provide an effective remedy will require States to provide a judicial remedy. This right to a judicial remedy will be unrestricted when a woman dies in a pregnancy related emergency which gives rise to allegations of violations of her right to life; right to health and/or to her right to exercise and enjoy these rights on the basis of equality with men and free from discrimination on the basis of sex. Indeed, as noted above the Committee on the Elimination of Discrimination against Women has underlined that in the context of ensuring women’s equal enjoyment and exercise of the right to health, States must also “put in place a system which ensures effective judicial action. Failure to do so will constitute a violation.”

38. It is notable that the Inter-American Court of Human Rights requires States to afford effective judicial remedies to the victims of all human rights violations under the American Convention without exception. Additionally, the Committee on Economic, Social and Cultural Rights has noted that there are some obligations, “such as (...) those concerning non-discrimination, in relation to which the provision of (...) a judicial remedy would seem indispensable.” Furthermore, the European Court of Human Rights also requires a judicial remedy in cases where a violation of the right to life is alleged. Indeed, it has specifically noted that the obligations to guarantee the right to life and the right to an effective remedy “require an effective independent judicial system to be set up so that the cause of death of patients in the care of the medical profession (...) can be determined and those responsible made accountable.”

39. Even in situations where a judicial remedy is not always required, other remedies may need to be “reinforced or complemented by judicial remedies,” and “an ultimate right of judicial appeal will usually be appropriate.

(b) General Requirements

40. Moreover although a State may have some discretion as to what kind of remedy it makes available, it must nonetheless ensure that the remedy is effective. This means that a remedy must meet the requirements outlined above. It must not be theoretical or illusory, but meaningful in practice. It must entail recourse to an independent and impartial authority,

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81 HRC General Comment No. 31, Para. 15.  
82 CEDAW, General Comment No. 24, Para. 13.  
83 Inter-American Court of Human Rights, Case of Ximenes-Lopes v. Brazil, 4 July 2006, Para. 175.  
84 CESCR General Comment No. 9, Para. 9.  
85 European Court of Human Rights, Case of Calvelli and Ciglio v. Italy, 17 January 2002, Application No. 32967/96, Para.49. See also Case of VO v. France, 8 July 2004, Application No. 53924/00, Paras. 88 – 89.  
87 CESCR General Comment No. 9, Para 3.  
88 Ibid. Para.9.
which has the power and capacity to (a) investigate and decide whether or not a violation has taken place and, (b) offer an appropriate remedy in terms of ordering cessation and/or reparation. Moreover the process must be prompt and accessible and any decision made must be enforceable.

41. The Committee on Economic, Social and Cultural Rights has held that in general “remedies should be accessible, affordable, timely and effective.”\(^9^9\) Likewise, in the specific context of discrimination in the exercise of human rights, it has noted that institutions dealing with allegations of discrimination “should adjudicate or investigate complaints promptly, impartially and independently and address alleged violations.”\(^9^9\)

42. The Inter-American Court of Human Rights has underlined that it is not sufficient to simply provide a formal judicial remedy: “it must also be effective, i.e., it must be capable of producing results or providing answers to violations of rights.”\(^9^5\) It must provide “effective recourse to guarantee the rights to justice, the knowledge of the truth and reparations to the relatives,”\(^9^2\) and must effectively contribute to “ending impunity, ensuring non-repetition of the harmful acts and guaranteeing the free and full exercise of the rights protected.”\(^9^3\) As such, a remedy must be capable of giving rise to “a statement on the State’s responsibility for the violation of rights,\(^9^6\) and must be concluded within a reasonable time-period.\(^9^6\) In assessing whether or not the time-period concerned has been reasonable the Inter-American Court of Human Rights will consider “(a) the complexity of the matter, (b) the procedural activities carried out by the interested party, and (c) the conduct of the judicial authorities.”\(^9^6\) Indeed, in one case the Court held that where no decision had been given six years after legal proceedings were initiated regarding a situation involving “only one victim, who has been clearly identified and who died in a health care institution,”\(^9^7\) a remedy had not been provided within a sufficiently prompt time-frame.

43. Similarly the European Court of Human Rights has held that a remedy “must be ‘effective’ in practice as well as in law. In particular its exercise must not be unjustifiably hindered by the acts or omissions of the authorities.”\(^9^8\) The remedy must be capable of establishing what happened, whether or not a violation took place, and of identifying the source of responsibility.\(^9^9\) Indeed, as noted above, the Court has underlined that when a patient dies in the care of the medical profession a remedy must be provided which is capable of establishing the cause of death and holding those responsible accountable.\(^1^0^0\) Moreover, the Court has held repeatedly that any such remedies must be provided within a reasonable time.

In assessing whether a State has complied with this requirement it will look at factors similar to those taken into account by the Inter-American Court of Human Rights, including the complexity of the case, whether or not the conduct of the applicants contributed to the length of time involved, and the nature of the relevant authorities’ conduct.\(^1^0^1\)

\(^9^5\) CESC General Comment No. 9, Para.9.
\(^9^6\) CESC General Comment No. 20, Para 40.
\(^9^7\) Inter-American Court of Human Rights, Case of Ximenes-Lopes v. Brazil, 4 July 2006, Para. 192.
\(^9^8\) Inter-American Court of Human Rights, Case of Ximenes-Lopes v. Brazil, 4 July 2006, Para. 171. See also, Inter-American Court of Human Rights, Case of the Rochela Massacre v. Colombia, Para. 216.
\(^9^9\) Inter-American Court of Human Rights, Case of the Rochela Massacre v. Colombia, Para. 217.
\(^1^0^0\) Inter-American Court of Human Rights, Case of Ximenes-Lopes v. Brazil, 4 July 2006, Paras. 195 – 203.
\(^1^0^1\) Inter-American Court of Human Rights, Case of Ximenes-Lopes v. Brazil, 4 July 2006, Para. 196.
\(^1^0^2\) Inter-American Court of Human Rights, Case of Ximenes-Lopes v. Brazil, 4 July 2006, Para. 197.
\(^1^0^3\) European Court of Human Rights, Case of Keenan v. United Kingdom, 4 July 2006, Para. 192. See also, European Court of Human Rights, Case of Ruiz-Mateos v. Spain, 23 June 1993, Application No. 12952/87, Paras. 38 – 53.